



EQUIPMENT REQUIREMENTS

BIKE & KAYAK

KAYAK REQUIREMENTS

All kayaks used in Little Island Relay must meet the following requirements

- 1. A K1 Sprint or Marathon Kayak**
- 2. Have a closed cockpit**
- 3. Have front and rear bulkheads**

4. Pass Boat Inspection on race day

BIKE REQUIREMENTS

All bikes used in Little Island Relay must meet the following requirements

- 1. Must be either a road bike, hybrid bike, or gravel bike**
- 2. Tires must be 23-28mm**
- 3. Must pass the bike inspection on race day**

SAFETY

- 1. All kayakers must bring and wear U.S. Coast Guard-approved PFD (personal flotation device) at all times they are on the water**
- 2. All cyclists are required to bring and wear a properly fitted, U.S (CPSC)-approved helmet at all times during their leg of the race**